

Illness and Symptom Requirements for Staff and Students

If you test positive for Covid or are exposed to someone with Covid the rules below do not apply. Any individual who tests positive for Covid-19 or who is exposed to someone with Covid-19 must stay home and contact their supervisor or principal. Administrators must immediately email Health Services at CovidReport@scusd.edu. Contact Tracers will provide guidelines for isolation/quarantine and return to school/work.



STAY HOME IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Diarrhea
- Nausea or vomiting



YOU MAY RETURN TO SCHOOL AFTER:

24 hours fever free and symptoms improved AND one of the following:

Presenting a negative Covid-19 test

or

Presenting a note from health care provider confirming symptoms are the result of another diagnosis

or

10 DAYS have passed

Chronic conditions: Children with documented non-infectious chronic conditions can return to school when symptoms have improved. A doctor may diagnose an illness other than COVID-19 and provide a note for return to school earlier than 10 days. Children with unmanaged Covid-like symptoms (such as congestion, coughing, runny nose) may be sent home until symptoms have improved. If there are questions about individual cases, contact your school nurse or health services.